

Beach Touch Major Rule Differences

- The game is played with four attackers and three defenders for men's and three attackers and two defenders for women's.
- The start (or restart) is taken with the attackers on their score line and the defenders at half way.
- The start (or restart) of play and penalties must be taken with as a tap and passed immediately without the person tapping the ball moving.
- The attacking team has four touches to score before a turnover is enforced (not six).
- Touches can only be made by defenders.
- When a touch occurs, the ball must be touched to the ground and then passed without moving (i.e. no half).
- Defenders cannot 'pull out' of a touch.
- Offside is three metres (not five).
- Defenders may move forward (if onside) as soon as the ball is touched to the ground.
- The attacker that has been touched may not run with the ball or score.
- Any ball to ground situation is a turn over.
- The game is 12 minutes with a warning siren 2 minutes before the end of the game.
- Each team may take one 20 second time out after any score or penalty. Upon resumption of play the team which did NOT call the time out has the ball and the teams change direction.
- No time outs may be taken after the warning siren 2 minutes before the end of the game.
- The game is refereed from the sideline.

